



SOUTH COAST MEDICAL CENTER  
FOR NEW MEDICINE

# Summer Cleanse Total Body Detox

**Coaching by Liliana Partida, CN**

Energize and cleanse your body before you dive into summer!

This MD-approved program provides easy, practical ways for your whole family to reduce toxin exposure in your everyday lifestyle.

**Topics covered in this series include:**

- Why detoxify?
- How toxins affect our body and mind
- Ways to detect toxicity
- Therapies, treatments and supplements to detox
- Importance of seasonal detoxifying
- Detoxifying the home environment

**Included in the course:**

- Total metabolic testing
- Energetic testing for toxin load
- Individualized detoxification program

**Sign Up Today – Space is Limited**

**When:** Weds. May 28 & June 11, @ 6:00pm

**Duration:** 90 minutes

**Location:** 6 Hughes St. #100, Irvine CA

**Cost:** **\$99 for 2-session class**

***Ongoing 2-session programs***

**Enroll by phone: (949) 680-1880  
or sign up at our appointment desk**

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